











# K.R. MANGALAM UNIVERSITY THE COMPLETE WORLD OF EDUCATION

# Two-day International Conference On

## 'HOLISTIC EDUCATION AND WORLD PEACE'

(11 February 2023 – 12 February 2023)

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# EDUCON 2022 International Conference

### HOLISTIC EDUCATION AND WORLD PEACE

GLOBAL EDUCATIONAL RESEARCH ASSOCIATION (GERA)

SCHOOL OF EDUCATION, K.R. MANGALAM UNIVERSITY, GURUGRAM, HARYANA, INDIA

Date: 11 - 12 FEBRUARY 2023

University Gurugram Campus \$\,\Colon 011-48884888 / 8800697010-15 \& 8800697012 \\
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### Organized by

### **School of Education**

# K.R. MANGALAM UNIVERSITY

Sohna Road, Gurugram

Venue: ZOOM (Virtual)

A Brief Report

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#### Preface and Acknowledgements

contents, but it is about a learning process which is continuous and intrinsically excited to deal with conflict-generating situations and work on the solutions at the grass root levels. Education is a means to learn about others, a tool to bind people and nourish educations. And holistic education helps us to know ourselves and also accommodate education is guided by one over-arching philosophy; teacher-student creative action bond should bring something new into this world that is life-enhancing for yourself as well as others. The future needs no more revolutions. The future needs a new experiment, which has not been tried yet. Thus, to deliberate upon the need for holistic education and to address issues related to the symbiotic relationship between holistic education and world peace concerning the diversity of traditions and customs found worldwide, this international conference was planned.

This International Conference, organized by the Global Educational Research Association (GERA) in collaboration with the School of Education, K. R. Mangalam University, Gurugram, Haryana, India was conducted from 11 February 2023 to 12 February 2023. The organizing team is thankful to Prof. S. P. Malhotra, President, GERA for extending all kinds of support for the smooth planning and conduction of the conference. We are further thankful to Mr. Abishek Gupta and Mr. Rohit Gupta, respected Chairman, K. R. Mangalam University, Prof. C. S. Dubey, hon ble Vice Chancellor, K. R. Mangalam University and Prof. P. Tripathi, K. R. Mangalam University for permitting us and supporting us while conducting this conference. We are also indebted to the participants, research scholars and student-teachers for participating and keeping up the spirit.

Regards
Organizing Team
EDUCON 2022

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#### Title of the Conference: HOLISTIC EDUCATION AND WORLD PEACE

#### Objectives of the Conference:

- To address issues related to the symbiotic relationship between holistic education and world peace concerning the diversity of traditions and customs found worldwide.
- 2. To delineate skills in the holistic education process for promoting a sense of harmony with oneself and the social environment.
- 3. To deliberate the teacher-training requirements for holistic education to use different conflict-resolving techniques.
- 4. To discuss ways to undermine negativity and aggression and negative emotions in the minds of the students under the holistic education program.
- 5. To deliberate on issues of fear and anxiety for the unknown mode of upcoming life and remedies lying with holistic education.
- 6. To espouse holistic education as a way of life to handle day-to-day situations in a non-violent way keeping in view the emotional well-being of the students.
- 7. To consider and deliberate on different plans of holistic education for world peace.

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#### Themes and Sub-Themes of the Conference

The theme of the Conference: Holistic Education and World Peace

#### Sub-Theme of the Conference:

- Redefining academic achievement in holistic education
- Processes for Enhancing Mental and Emotional Well-Being
- Multidisciplinary and Multi-Entry-Exist as part of Holistic Education
- 4 Holistic Education, Conflict Resolution and World Peace
- Reducing the Impact of Inequities
- Blended Learning, Hybrid Learning, and Flipped Learning for Holistic Education
- 7. Assessment Tools and Techniques
- 8. Indian Knowledge Systems, Holistic Education and World Peace
- 9. Peaceful and Inclusive Societies for Sustainable Development

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#### Pre-Conference Training Session on Dialogue Mode of Paper Presentation

9th February 2023

(3:00 PM Onwards)

the most contrasting and noticeable feature of this conference was the mode through which the ere to be presented. Instead of making the authors present their work via oral or Point presentation mode, they were to engage themselves in dialogue with each other and Escuss their work and findings. The basic idea behind engaging the presenters in dialogue the dialogue creates a spirit of wholeness to combat the usual approach of fragmentation isolated specializations. To imbibe this very idea of dialogue in the paper presenters, a preefference training session was kept on the 9th of February wherein the participants were emented towards this mode of paper presentation. The session started at 3 PM and the resource person for the session was Prof. Subhashini Passi, an experienced management consultant in behavioural sciences. She introduced the dialogue method to all the participants. Propagating the idea of Late. Prof. B.K. Passi, the Father of Micro-teaching, she began by telling participants what dialogue is actually not. She elaborated that in a dialogue, a group of people explore the individual and collective presuppositions, ideas, beliefs and feelings that subtly control their interaction. She then explained the 6x2x3x3x6 rule, where 6 refers to the 6 process rules, 2 are the general rules, 3 are the aspects, then 3 are the phases of time and 6 refers to the 6 phases of presentation. One of the major stages of these 6 phases of presentation is the 'Findings or Conclusion phase', each presenter gives her/his 'I findings' of their research. After each participant has given 'I findings', all the findings are carefully pooled and scrutinized into 'we findings'. This is the most important part of the engagement after which the recommendations and reflections are made. The way she explained this entire process and the way she took up the queries of the participants was too engaging and simplistic for the listeners.

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#### **Inaugural Function**

2023, the first day of the conference began with an inaugural session. Dr. Anshul Secretary of the International Conference and Assistant Professor, School of K. R. Mangalam University welcomed the dignitaries and the participants. The started at 10:00 AM according to Indian Standard Time. The major sessions lined up for were the inaugural session, plenary Session, B.K. Passi Memorial Lecture and the 4 sessions. All the national and international dignitaries were there on board at 10 AM. were around 75 participants who attended the inaugural session. Prof. (Dr.) Chandra Shekhar Dubey, Prof. (Dr.) S.P. Malhotra Prof. (Dr.) Dhananjay Joshi, Prof. (Dr.) S.K. Bawa, Prof. (Dr.) G. D. Sharma, Prof. (Dr.) Manjula Vithanapathirana, Prof. (Dr.) Saamdu Chetri, Prof. (Dr.) Jaswinder K. Dhillon, Prof. (Dr.) Ashish Ranjan, Prof. (Dr.) Harjeet Kaur Bhatia, Dr. Eugene Kowch, were amongst the eminent speakers who graced the session with their presence (Picture 1). As is the tradition of India, we begin everything new by seeking the blessings of goddesses and gods, the blessings of Goddess Saraswati were obtained by e-lighting the lamp. The welcome address was given by Prof. S.P. Malhotra, President, GERA, Prof. S.K. Bawa, Vice Chancellor, Guru Kashi University, Bathinda, Punjab, India gave a brief introduction about GERA. The opening remarks were given by Prof. (Dr.) Chandra Shekhar Dubey, Hon'ble Vice Chancellor K.R. Mangalam University Gurugram, Haryana, Prof. (Dr.) Dhananjay Joshi, Vice Chancellor, Delhi Teachers University, Delhi gave his keynote address on the theme of the conference.

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#### ADDRESS OF THE INVITED SPEAKERS

The into the contributions which universities, the education system and teachers can be into the contributions which universities, the education system and teachers can be the evolving processes of learning, holistic. Elaborating further, he said that NEP the issue of managing the risk of the right impact from individual to collective the further added that the conference is a forum in dialogue mode to be efficient for which one has to address the issues of values and keep ethical security as a prof. Malhotra stressed that holistic education is quintessential in today's scenario of the providing robust to the youth of today is indeed praiseworthy.

S.K. Bawa, President, HQ, GERA, in her introduction to GERA, shared its history and state. She elaborated that GERA was founded on 12 Nov 2010 by Prof. B. K. Passi. It is an amount forum to address the problems of research in education. The conference is held at both national and international levels. It has around 800 institutional members. The section of the forum identifies the collective wisdom propagating the FINE model - an eclectic to providing holistic education beyond boundaries. Propagating the adage, Thinking shally, act locally, she said that the focus should be on WE fintlings, not I findings, i.e. the effective findings and not just the individual findings of the participants.

Thereafter, Prof. (Dr.) Chandra Shekhar Dubey, Hon'ble Vice-Chancellor K.R. Mangalam University Gurugram, Haryana addressed the audience and commended K R Mangalam's commitment to SDG and highlighted that they are following NEP diligently. KRMU is working on various SDGs and focuses on environmentally sustainable governance. He emphasized that a good gross enrolment ratio for higher education is necessary for creating a better world and he mentioned that KRMU successfully achieved the SDG 16 goal of global peace for a better future of the world. He spoke about the 312 publications about peace and the other important goals which the university aims to achieve this year (Picture 3). It was brought to light that 5 villages were targeted and the faculty of KRMU regularly visit these villages to promote PEACE & EQUALITY. Educating and providing employment to the youth is an important aim. He also mentioned that Bhutan is the most peaceful country and used it as an example to teach students at

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KRMU, the importance of peace in all realms of life. He further added that KRMU is also planning to start a Peace club for a global peace exchange programme.

Prof. Dhanajay Joshi, Hon'ble Vice-Chancellor, Delhi Teachers University, Delhi, India was invited for his keynote address. Mr Joshi threw light on the efforts of GERA in helping germinate new ideas for the future. He quoted that India has given leadership hope to the world highlighting the role of G 20 - One earth, One family, One future (Picture 4). The whole world is one family as is depicted in our ancient literature too. We have always believed in the maxim, 'Vasudhaiya Kutumbakam Sarve Bhavantu.' Prof. Joshi further talked about Riga Veda which emphasised 'Live for the Whole Society' i.e Loka Sukhino Bhavantu and Prithvi Shanti stating that we pray for everyone's well-being. He expressed his grief on the loss of world peace -the love, affection, and bond that is missing. However, we have always been the custodian of human values and service before self has been our motto. He quoted Vivekananda stating that when India was being taken for granted and we were not considered intellectual, it was Vivekanand who on 11th Sept 1893 gave his groundbreaking speech at the World's Parliament of Religions in which he introduced Hinduism to America and told the world what is actual Indian philosophy. However, today everyone is looking towards India - its concepts of well-being, peace and brotherhood. He mentioned that in the next 10 years, India, due to its revolutionary Education Policies will be a name to reckon with. And as educators, it's our duty to ensure that the NEP document comes to life. The focus has to be 'restrengthening and empowering' teachers. Quoting Kothari, he said that the "Teacher is the destiny maker" and this creator has to be taken care of. Though the irony is that we are producing accidental teachers, not intentional teachers. Teaching has to be considered as a service, teaching is mentoring, and coaching. Talking about world peace and holistic education, Prof. Joshi proclaimed that Peace is a state of mind. Quoting Mahatma Gandhi's axiom, 'Peer Parai' i.e. experiencing the pain of others, he stated that we have witnessed the consequence of war and what we need today is the theory of love and harmony.

After the keynote address by Prof. Joshi, Prof. (Dr.) Tania Gupta, Convener, EDUCON 2022 and Dean. School of Education, K.R Mangalam University, Gurugram, Haryana released E-Souvenior after seeking the blessings of the almighty and thanked the esteemed guests (Picture 5). She highlighted the features of the E-Souvenir mentioning that it is not just a book of abstracts but a book full of aspirations. She concluded by thanking all, especially the participants of 70 papers which will be deliberated in the 2 days conference.

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After the release of the souvenir, Chief Guest, Prof. G. D. Sharma, Former Senior Fellow & Head, Higher Education Unit, NIEPA, Former Secretary of UGC, and Director for the Consortium for Educational Communication (CEC) was invited to the platform. He initiated the conversation by sharing his experience at the Seoul conference when 500 participants participated in Korea and the agenda of the conference was to highlight the contribution of education to recent development. He talked about the DNA scientist Watson and how science can help achieve peace in the world. He further illuminated why conflicts arise conflict in vision, the superiority of vision, and the superiority of how world views will be helpful to develop us from superiority to equality. He talked about Indian culture, which is the hallmark of our education and tried to understand the world-view. He stated that an understanding needs to seep down into our thinking process and our hearts and education can play a role in resolving conflicts. He also highlighted the concept of Peace, stating that peace doesn't arise from slogans or noise, peace arises from effective silence.

He emphasized the role of education which is to understand others, have a dialogue, and understand each other to achieve development. It's a diverse world and one must respect the views, work and ideas of others. Respecting diversity is important to appreciate the good things in the world and achieve equality.

He concluded that education has to be free for the larger interest of the people. He considered education to be separate from service. Moreover, diversity and the ability to think beyond immediate requirements is the need of today's educational spectrum and it's our responsibility to work together to contribute to the overall peace in the world.

Guest Speaker, Prof. (Dr.) Manjula, Chair of Educational Psychology, Colombo University, Sri Lanka, who is an expert in Interpersonal communication focussed on the efforts of the University of Colombo. Her views enlightened the audience about the pedagogical co-creations for holistic education- the beginning of the path towards world peace. She spoke about citizenship education as a subject from UNESCO where domains of learning have been well specified. She stressed the social and emotional aspects and led attention to the need for something beyond citizenship education (Picture 6).

She threw light upon content and delivery to make a significant impact on the learners. According to her, holistic education has a comprehensive approach and an integrated learning format. She urged that holistic education in today's scenario needs a pedagogy that values

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relationships and that further challenges the role of a teacher for the implementation of these values. Co-Creation and Authentic Assessment along with performance assessment need to assess the real-world tasks to assess attitudes, empathy and values too.

At the end of the inaugural session, Prof. Tania proposed the vote of thanks. She thanked the Global Association Research Education (GERA) for their valuable and crucial contribution to a vision of a sustainable society to aim for freedom of expression and reduction of inequalities. She also thanked all the dignitaries for their kind words. She stressed that SDG-16 calls upon governments, civil society and communities to work together to find lasting solutions to conflicts and insecurity. The purpose of holistic education is not only to prepare students for academic success but also to enable them to learn the challenges of living as a whole.

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#### PLENARY SESSION 1

#### Day 1

(11:40 AM - 12:45 PM)

For the plenary session 1, Prof. Saamdu Chetri, the director of Bhutan's GNH Center and an IIT Kharagpur visiting faculty member and Prof. (Dr.) Jaswinder K. Dhillon, University of Worcester, England, was the invited guest speaker. The session started at 12:20 hrs as per IST. Dr. Pooja Verma, Assistant Professor, School of Education, K.R. Mangalam University, welcomed both esteemed guests. Prof. Saamdhu in his lecture indicated that happiness is the first thing required for holistic development (Picture 7). He was of the view that mindfulness, love, joy, and peace are important parts of holistic education. He talked about the reality of life and the five elements of which the whole world is made up. He emphasised that holistic education is the way to achieve world peace because it allows society to strike a balance and think about development.

Prof. (Dr.) Jaswinder K. Dhillon, the other expert and speaker, tried to explain the relationship between assessment and holistic education and put forward a question in front of the audience, "What is the purpose of assessment in holistic education?" She reflected on the elements of holistic education and the principles of assessment. She emphasised the importance of formal education. She elaborated on assessment for learning tools, assessment of learning tools, and evaluation tools (Picture 8). Ultimately, it was concluded that an effective assessment system forms the basis for the holistic development of the student.

**Gp. Capt P. Mahajan**, respected Registrar and CEO of K. R. Mangalam University formally presented a vote of thanks for both speakers and thanked them for their kind efforts (Picture 9).

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#### PROF. B.K. PASSI MEMORIAL LECTURE

#### Day 1

(1:00 PM-2:05 PM)

After the plenary session, Prof. B.K. Passi Memorial Lecture started. In remembrance of Prof. B K Passi, a memorial lecture was put in place where Prof. S.K. Bawa was invited to orient the participants about Prof. Passi's mission. Mam emphasized the approach taken by Prof. B.K Passi towards continuous learning for which she took the "Akhand Conference" held in 2021 as an example (Picture 10). She shared that Prof. B.K Passi had always encouraged others to take up challenging tasks. Prof. B.K. Passi's exemplary work towards Peace development in education was also explained and told the participants that his work was aligned with UNESCO's initiative. Prof. Bawa in her discourse pointed out the smart way of learning to uplift education. She also gave the mantra that 'self-directive learning' is a key to success which is already proven in several researches. Then she focused upon the 5 principles of Prof. Passi and concluded by saying that his motto was always to work towards collective wisdom or finding a common goal. Various questions were asked by the participants and discussion was held among the dignitaries during the session (Picture 11)

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#### **TECHNICAL SESSION-I**

#### Day 1

(2:40 PM to 4:50 PM)

Chair: Dr. Aneet Kumar (Dean, School of Education, UIE, Sant Baba Bhag Singh University, Punjab, India. He is M.Sc., M.Ed., Ph.D., UGC-NET (Education).

Co-Chair: Dr. Binti Dua, Assistant Professor, School of Education, K. R. Mangalam University, Rapporteur: Ms. Deepa Khatri, Research Scholar, School of Education, K. R. Mangalam University.

#### Total no. of paper presenters: 4

Major topics covered included yoga in conflict resolution, blended learning, Bhartiya Gyan Pranali, Samagra Sikhshsa, mental and emotional well-being, multidisciplinary education, and multi-entry and multi-exit aspects of education (Picture 12 & 13).

#### Readiness Cycle

The participants gave their brief introduction in this round:

S.No.	Name of Presenter	Introduction	
1.	Ms. J.K. Swapna	Research Scholar Swami Vivekananda Yoga Anusandhana University Jigani, Karnataka, India	
2.	Ms. Deepa Khatri	Research Scholar, Department of Education, School of Education, K. R. Mangalam University, Gurugram, Haryana, India	
3.	Dr. Naresh Kumar	Assistant Professor  D.A.V. College of Education  Hoshiarpur, Punjab, India	
4.	Ms. Anita Yadav	Research Scholar,  Jyoti Vidhya Peeth Mahavidhalya, Jaipur, Rajasthan, India	

1. Title Cycle

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S.No.	Name of Presenter	Title	
1.	Ms. JK Swapna	Role of Patanjali Maharshi's Yamas And Niyamas in Conflict Resolution and World Peace	
2.	Ms. Deepa Khatri	Teacher Education Ecosystem in India and Mental and Emotional Well-Being of Students- A Review	
3.	Dr. Naresh Kumar	Multidisciplinary and Multi-Entry Exit as Part of Holistic Education	
4.	Ms. Anita Yadav	समग्र शिक्षा का शिश्व योगदान	

#### 2. Methodology Cycle

S.No.	Name of Presenter	Methodology
1.	Ms. JK Swapna	To find out the impact of yoga on world peace.  To evaluate the impact of yoga on the mental and emotional well-being of the students
2.	Ms. Deepa Khatri	To analyse the role of teacher education on teachers.  To évaluate the MHL in the Indian education system.  To evaluate post-education policies towards students' and teachers' mental & emotional well-being.
3.	Dr. Naresh Kumar	To analyse the outcome of multiple entry-exit points in higher education as suggested by NEP 2020.  To analyze the changes suggested by NEP 2020 on the student's holistic development, especially stress level.
4.	Ms. Anita Yadav	To analyze the impact of holistic education on students To understand the relationship between holistic education and world peace

#### 3. Findings/ Conclusion Cycle

I findings (Individual)	We Finding	
	(Collective/Conclusion)	

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#### Dr. JK Swapna

Schools are focused more on cognitive development. Integrating Yoga in school education can be an effective step towards the holistic development of students.

Holistically developed children can contribute to world peace.

#### Ms. Deepa Khatri

Teachers' Mental Health is imperative to develop the mental and emotional well-being of students.

Post-independence policies majorly focused on the cognitive and physical well-being of students.

Focus shifted to the psycho-social needs of students by the end of the 20<sup>th</sup> century.

In the 21st century, teacher education has started focusing on Mental Health Literacy (MHL) among teachers and students.

NEP 2020 emphasises the mental health of students, teachers and parents.

#### Dr. Naresh Kumar

Multidisciplinary and multi-entry exit as suggested by NEP 2020 is an effective way of allowing students to acquire knowledge as per their interests.

It can prove to be holistic in nature as would enable students to follow their academics without any mental pressure.

It can be a way of developing productive youth essential to world peace.

#### Dr. Anita Yaday

Holistic development is directly proportional to world neace.

- 1. World peace is of paramount importance and integrating practical skills like yoga in the curriculum can enable students to attain mental and emotional stability leading the society towards peace and harmony.
- 2. Teacher education and school education share symbiotic relationship school population is growing so are the cases of mental illnesses among students. 3. MHL is imperative to take world toward peace and harmony. Concentrated efforts towards creating a teaching force that can provide learners all the opportunities of holistic development, with especial emphasis on MHL, is required.
- 4. Need a conducive Teacher Education environment develops readiness in teachers to tackle real classroom challenges is imperative.
- 5. World peace demands holistically nurtured students. Having such an education system where students can learn with boundaries can be a way to make the world a peaceful place to live in.
- 6. Holistic development is the way to make students ready to face the challenges coming vears.

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Holistic education makes students' mentally and emotionally stable.

Students with holistic development can prove to be good eitizens which is imperative to the world peace.

Conflicts and resolutions can be resolved by creating such a population that can deal with day to day challenges with mental and emotional strength.

#### 4. Recommendations

- (i) The overall education system in India, right from the primary level to the tertiary level needs to keep students' holistic development cardinal.
- (ii) Implementation of policies should be done effectively from the grass root level.
- (iii) All the stakeholders should work towards the holistic development of students in a synchronized way.

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#### TECHNICAL SESSION- II

# Day 1 (2:40 PM to 4:50 PM)

Chair: Mr. Mahesh Chandra Gupta, Indore (Retd.) Chief Administrative Officer, UGC, DAI, Consortium for Scientific Research, Indore.

Dr. Mandeep Singh, Associate Professor, Sant Baba Bhag Singh University, Khiala, Jalandhar, Punjab.

Co-Chair: Dr. Shabia Subuhi, Assistant Professor, School of Education, K. R. Mangalam University.

Rapporteur: Dr. Shabia Subuhi, Assistant Professor, School of Education, K. R. Mangalam University.

Total no. of paper presenters: 5

Major topics covered included Holistic education, multicultural education, flipped learning, blended learning, graphic elements and techno-pedagogical competence.

#### Readiness Cycle

The participants gave their brief introduction in this round:

S.No.	Name of Presenter	Introduction
1.	Melita Stephen Natal	Assistant Professor, School of Education,
		Lingaya's Vidyapeeth,
		Faridabad, Haryana, India
2.	Atseinuo Sekhose	Research Scholar, Department of Teacher Education,
		Nagaland University, Kohima Campus,
		Meriema, India
3.	i)Priyank Sharma	Research Scholar,
		NIEPA, New Delhi, India.
	ii) Fariha Siddiqui	Research Scholar,
		Jamia Milia Islamia, New Delhi, India
4.	Amita Bhati	Research Scholar, School of Education
		K. R. Mangalam University,

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5.	Deepika Malhotra	Research Scholar, School of Education	
		K. R. Mangalam University,	
		Gurugram, Haryana, India	

#### 1. Title Cycle

S.No.	Name of Presenter	Title	
1.	Melita Stephen Natal	The Possibility of New Age Learning in Holistic Education: An Exploration	
2.	Atseinuo Sekhose	Blended Learning, Hybrid Learning and Flipped Learning: Vital Paradigm for Holistic Education	
3.	Priyank Sharma	Multicultural Education as a Significant Component of Grammar of Schooling: A Critical Examination of the Major National Education Policies	
4.	Amita Bhati	Effects of Using Graphic Elements in Teaching and Learning English Language	
5.	Deepika Malhotra	Status of Techno-Pedagogical Competence of Physical Education Teachers	

#### 2. Methodology Cycle

S.No.	Name of Presenter	Methodology	
1.	Melita Stephen Natal	A qualitative approach to studying the problem and finding out varied possibilities for developing holistic education	
2.	Atseinuo Sekhose	A comparative review study of blended, hybrid and flipped learning used	
3.	Priyank Sharma	Drafts of New Education Policy reviewed to study the problem	
4.	Amita Bhati	150 secondary school students were selected to study the problem through the survey method	
5.	Deepika Malhotra	A survey method used among 100 physical education teachers to study their techno-pedagogical competence	

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